Dear Facility User/Renter,

The safety of community members using this facility is of paramount concern. This letter is to inform you of resources available to you in the event of a sudden cardiac arrest emergency.

***Please find attached a sample cardiac emergency response plan and a site map that shows where are automated external defibrillator/s (AED/s) are located.***

**How Common Is Sudden Cardiac Arrest?**

Up to 23,000 cases of out-of-hospital cardiac arrest in youth happen each year. It’s the #1 killer of student athletes and the leading cause of death on school campuses.

Across the U.S., even the best emergency medical services systems can’t reach cardiac arrest victims for at least 3 to 5 minutes. Given survival decreases by 10% each minute without emergency intervention, *the actions taken by bystanders during the first few minutes of a cardiac emergency are critical* and can double or triple a victim’s chances.

It's been proven that a carefully orchestrated response to cardiac emergencies will reduce death and disability beyond the mere 10% average survival rate and we are proud to have made this a priority.

**What is a Cardiac Emergency Response Plan?**

Simply put, it is a written and well-practiced response to a cardiac emergency that orients the campus community to starting hands-only CPR and using the onsite AED—similar to what everyone knows about the importance of fire drills and fire extinguishers. In short, directing your organization to Call – Push – Shock empowers everyone to save a life.

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**Please Take a Moment to Consider How Your Organization Will Respond to a Cardiac Emergency.**

1. Take 60 seconds to watch [Call Push Shock](https://www.youtube.com/watch?v=VSXxR5qC-jM)
2. [Learn hands-only CPR](https://parentheartwatch.org/get-involved/learn-cpr-at-home/) (you don’t have to be certified to push hard and fast!)
3. Know where our school’s AED/s is located INSERT LOCATION
4. Use the worksheet to create a response plan for your organization

Please direct your questions to Name at Phone Number. You can also learn more about sudden cardiac arrest in youth at [EPSaveALife.org.](https://epsavealife.org/)

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